

# BYU Women's Cross Country

## Meet Results

### BYU Autumn Classic

Sept. 5, 2009 Provo, UT

1<sup>st</sup> Place – 34 pts

2	K. Andrews	18:25.6	<b>1<sup>st</sup>: BYU</b>	<b>34</b>
4	R. Lange	18:32.4	<b>2<sup>nd</sup>: Idaho St.</b>	<b>41</b>
6	L. Cramer	18:37.8	<b>3<sup>rd</sup>: UCLA</b>	<b>47</b>
9	S. Yingling	18:46.3		
14	K. Palmer	19:08.2		
15	S. Edwards	19:09.2		
20	A. Thomas	19:24.3		
26	S. Frey	19:40.8		
29	N. Clark	19:59.2		

*Unattached:*

10	N. Nielsen	18:46.6		
18	L. Sowards	19:17.0		
19	M. Laurent	19:19.7		
21	K. Swanson	19:28.1		
23	L. Wynn	19:33.4		
25	M. Callister	19:37.9		
28	S. Jensen	19:58.3		
30	T. Kussee	20:08.7		
31	K. Vidmar	20:13.6		

### UC Riverside Invitational

Sept. 19, 2009 Riverside, Calif.

2<sup>nd</sup> Place – 98 pts

2	C. Lemmon-Lew	16:32.8	<b>1<sup>st</sup>: UC Riverside</b>	<b>89</b>
19	S. Edwards	17:37.6	<b>2<sup>nd</sup>: BYU</b>	<b>98</b>
23	M. Laurent	17:44.1	<b>3<sup>rd</sup>: Azusa Pacific</b>	<b>106</b>
25	A. Thomas	17:46.5	<b>4<sup>th</sup>: UC Santa Barbara</b>	<b>116</b>
29	S. Frey	17:48.3	<b>5<sup>th</sup>: Loyola Marymount</b>	<b>122</b>
36	K. Swanson	17:50.8	<b>6<sup>th</sup>: Southern Utah</b>	<b>125</b>
58	K. Christensen	18:10.3	<b>7<sup>th</sup>: CS San Marcos</b>	<b>165</b>
66	L. Sowards	18:13.4	<b>8<sup>th</sup>: Biola</b>	<b>250</b>
82	K. Vidmar	18:26.9	<b>9<sup>th</sup>: CS Fullerton</b>	<b>302</b>
137	K. Palmer	19:18.5	<b>10<sup>th</sup>: Cal Coast TC</b>	<b>318</b>

### Bob Firman Invitational

Sept. 26, 2009 Eagle, ID

1<sup>st</sup> Place – 28 pts

1	K. Andrews	17:59.3	<b>1<sup>st</sup>: BYU</b>	<b>28</b>
4	A. Thomas	18:15.4	<b>2<sup>nd</sup>: Idaho St.</b>	<b>44</b>
6	R. Lange	18:18.6	<b>3<sup>rd</sup>: Boise St.</b>	<b>86</b>
7	L. Cramer	18:21.1	<b>4<sup>th</sup>: NW Nazarene</b>	<b>100</b>
11	S. Yingling	18:32.3	<b>5<sup>th</sup>: Utah</b>	<b>101</b>
14	S. Frey	18:44.3	<b>6<sup>th</sup>: C. Washington</b>	<b>131</b>
16	M. Laurent	18:49.4		
17	K. Swanson	18:50.2		
18	N. Nielsen	18:50.2		
20	M. Rapp	19:03.4		

23	N. Clark	19:10.6
25	L. Sowards	19:19.9
31	K. Vidmar	19:31.7
54	K. Christensen	20:47.0

*Unattached*

8	L. Drury	18:26.4
13	C. Eddy	18:43.1
15	M. Callister	18:48.3
29	L. Wynn	19:26.5

**Wisconsin Adidas Invitational**

Oct. 3, 2009 Verona, Wis.

4<sup>th</sup> Place – 97 pts

1	C. Lemmon-Lew	17:00.3	<b>1<sup>st</sup>: Duke</b>	<b>78</b>
8	K. Andrews	17:26.2	<b>2<sup>nd</sup>: Syracuse</b>	<b>80</b>
17	S. Edwards	17:36.9	<b>3<sup>rd</sup>: Illinois</b>	<b>95</b>
34	A. Wagner	17:50.7	<b>4<sup>th</sup>: BYU</b>	<b>97</b>
40	L. Cramer	17:53.2	<b>5<sup>th</sup>: Michigan</b>	<b>118</b>
60	N. Nielsen	18:16.0	<b>6<sup>th</sup>: Iowa</b>	<b>157</b>
62	A. Thomas	18:17.9	<b>7<sup>th</sup>: Arkansas</b>	<b>174</b>
69	R. Lange	18:20.7	<b>8<sup>th</sup>: Nebraska</b>	<b>188</b>
79	S. Frey	18:35.9	<b>9<sup>th</sup>: Auburn</b>	<b>256</b>
87	L. Drury	18:51.9	<b>10<sup>th</sup>: Texas A&amp;M</b>	<b>259</b>
89	S. Yingling	18:54.6	<b>11<sup>th</sup>: Wisconsin</b>	<b>291</b>
91	M. Laurent	18:55.4	<b>12<sup>th</sup>: Marquette</b>	<b>293</b>

**Chile Pepper Invitational**

Oct. 17, 2009 Fayetteville, Ark.

2<sup>nd</sup> Place – 77 pts

2	C. Lemmon-Lew	20:32.6	<b>1<sup>st</sup>: No. 20 Texas Tech</b>	<b>35</b>
12	A. Wagner	21:29.3	<b>2<sup>nd</sup>: No. 22 BYU</b>	<b>77</b>
18	S. Edwards	21:39.5	<b>3<sup>rd</sup>: Arkansas</b>	<b>87</b>
20	N. Nielsen	21:40.6	<b>4<sup>th</sup>: Missouri</b>	<b>165</b>
25	R. Lange	21:47.7	<b>5<sup>th</sup>: No. 26 SMU</b>	<b>179</b>
35	L. Cramer	22:08.8	<b>6<sup>th</sup>: Oklahoma St.</b>	<b>185</b>
37	S. Yingling	22:11.8	<b>7<sup>th</sup>: Loyola Marymt.</b>	<b>196</b>
46	M. Laurent	22:26.8	<b>8<sup>th</sup>: Missouri St.</b>	<b>286</b>
54	S. Frey	22:36.7	<b>9<sup>th</sup>: Texas A&amp;M-CC</b>	<b>312</b>
54	A. Thomas	22:37.8	<b>10<sup>th</sup>: No. 12 Baylor</b>	<b>361</b>
57	L. Drury	22:40.7	<b>11<sup>th</sup>: Oklahoma</b>	<b>384</b>
81	K. Swanson	23:04.5	<b>12<sup>th</sup>: TCU</b>	<b>388</b>

**MWC Championships**

Oct. 31, 2009 Orem, UT

2<sup>nd</sup> Place – 45 pts

1	C. Lemmon-Lew	20:47.4	<b>1<sup>st</sup>: No. 20 New Mexico</b>	<b>24</b>
6	K. Andrews	21:30.6	<b>2<sup>nd</sup>: No. 21 BYU</b>	<b>45</b>
10	A. Wagner	21:41.9	<b>3<sup>rd</sup>: Colorado St.</b>	<b>64</b>
11	N. Nielsen	21:42.5	<b>4<sup>th</sup>: Air Force</b>	<b>124</b>
17	R. Lange	22:26.0	<b>5<sup>th</sup>: Wyoming</b>	<b>165</b>
18	A. Thomas	22:29.4	<b>6<sup>th</sup>: Utah</b>	<b>195</b>
33	L. Cramer	23:00.5	<b>7<sup>th</sup>: TCU</b>	<b>196</b>
34	S. Edwards	23:01.2	<b>8<sup>th</sup>: San Diego St.</b>	<b>207</b>
55	S. Yingling	24:25.3	<b>9<sup>th</sup>: UNLV</b>	<b>210</b>

**NCAA Mountain Regional**  
Nov. 14, 2009 Albuquerque, NM  
3<sup>rd</sup> Place – 114 points

2	C. Lemmon-Lew	20:41.1	<b>1<sup>st</sup>: No. 6 Colorado</b>	<b>48</b>
12	K. Andrews	21:19.0	<b>2<sup>nd</sup>: No. 8 Texas Tech</b>	<b>53</b>
18	A. Wagner	21:28.9	<b>3<sup>rd</sup>: No. 22 BYU</b>	<b>114</b>
34	N. Nielsen	22:05.6	<b>4<sup>th</sup>: UTEP</b>	<b>116</b>
48	S. Edwards	22:23.0	<b>5<sup>th</sup>: No. 20 New Mexico</b>	<b>120</b>
52	R. Lange	22:26.3	<b>6<sup>th</sup>: Colorado St.</b>	<b>145</b>
97	A. Thomas	23:18.7	<b>7<sup>th</sup>: N Arizona</b>	<b>176</b>

## **Individuals:**

### Cecily Lemmon-Lew, Jr.:

2	UC Riverside	16:32.8
1	Wisconsin Adidas	17:00.3
2	Chile Pepper Invit.	20:32.6
1	MWC Championships	20:47.4
2	NCAA Mountain Regional	20:41.1

### Angela Wagner, Sr.:

34	Wisconsin Adidas	17:50.7
12	Chile Pepper Invit.	21:29.3
10	MWC Championships	21:41.9
18	NCAA Mountain Regional	21:28.9

### Katy Andrews, So.:

2	BYU Autumn Classic	18:25.6
1	Bob Firman Invit.	17:59.3
8	Wisconsin Adidas	17:26.2
6	MWC Championships	21:30.6
12	NCAA Mountain Regional	21:19.0

### Rachel Lange, So.:

4	BYU Autumn Classic	18:32.4
6	Bob Firman Invit.	18:18.6
69	Wisconsin Adidas	18:20.7
25	Chile Pepper Invit.	21:47.7
17	MWC Championships	22:26.0
52	NCAA Mountain Regional	22:26.3

### Lacey Cramer, So.:

6	BYU Autumn Classic	18:37.8
7	Bob Firman Invit.	18:21.1
40	Wisconsin Adidas	17:53.2
35	Chile Pepper Invit.	22:08.8
33	MWC Championships	23:00.5

### Sarah Edwards, RFr.:

15	BYU Autumn Classic	19:09.2
19	UC Riverside Invit.	17:37.6
17	Wisconsin Adidas	17:36.9
18	Chile Pepper Invit.	21:39.5

34	MWC Championships	23:01.2
48	NCAA Mountain Regional	22:23.0

Ashlee Thomas, RFr.:

20	BYU Autumn Classic	19:24.3
25	UC Riverside Invit.	17:46.5
4	Bob Firman Invit.	18:15.4
62	Wisconsin Adidas	18:17.9
54	Chile Pepper Invit.	22:37.8
18	MWC Championships	22:29.4
97	NCAA Mountain Regional	23:18.7

Sarah Yingling, RFr.:

9	BYU Autumn Classic	18:46.3
11	Bob Firman Invit.	18:32.3
89	Wisconsin Adidas	18:54.6
37	Chile Pepper Invit.	22:11.8
55	MWC Championships	24:25.3

Nicole Nielsen, Fr.:

10	<i>BYU Autumn Classic</i>	18:46.6
18	Bob Firman Invit.	18:50.2
60	Wisconsin Adidas	18:16.0
20	Chile Pepper Invit.	21:40.6
11	MWC Championships	21:42.5
34	NCAA Mountain Regional	22:05.6

Sarah Hansen-Frey, Sr.:

26	BYU Autumn Classic	19:40.8
29	UC Riverside Invit.	17:48.3
14	Bob Firman Invit.	18:44.3
79	Wisconsin Adidas	18:35.9
54	Chile Pepper Invit.	22:36.7

Michaelanne Laurent, Fr.:

19	<i>BYU Autumn Classic</i>	19:19.7
23	UC Riverside Invit.	17:44.1
16	Bob Firman Invit.	18:49.4
91	Wisconsin Adidas	18:55.4
46	Chile Pepper Invit.	22:26.8

Michelle Callister, Fr.:

25	<i>BYU Autumn Classic</i>	19:37.9
15	<i>Bob Firman Invit.</i>	18:48.3

Kendy Christensen, Fr.:

58	UC Riverside Invit.	18:10.3
54	Bob Firman Invit.	20:47.0

Nichole Clark, So.:

29	BYU Autumn Classic	19:59.2
23	Bob Firman Invit.	19:10.6

Lisa Drury, Fr.:

8	<i>Bob Firman Invit.</i>	18:26.4
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87	Wisconsin Adidas	18:51.9
57	Chile Pepper Invit.	22:40.7

Candace Eddy, Fr.:

13	Bob Firman Invit.	18:43.1
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Stephanie Hope Jensen, So.:

28	BYU Autumn Classic	19:58.3
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Talya Kussee, Fr.:

30	BYU Autumn Classic	20:08.7
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Katie Palmer, So.:

14	BYU Autumn Classic	19:08.2
137	UC Riverside Invit.	19:18.5

Millie Rapp, So.:

20	Bob Firman Invit.	19:03.4
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Lindsey Sowards, Fr.:

18	BYU Autumn Classic	19:17.0
66	UC Riverside Invit.	18:13.4
25	Bob Firman Invit.	19:19.9

Katie Swanson, Fr.:

21	BYU Autumn Classic	19:28.1
36	UC Riverside Invit.	17:50.8
17	Bob Firman Invit.	18:50.2
81	Chile Pepper Invit.	23:04.5

Kathryn Vidmar, Fr.:

31	BYU Autumn Classic	20:13.6
82	UC Riverside Invit.	18:26.9
31	Bob Firman Invit.	19:31.7

Loren Wynn, Fr.:

23	BYU Autumn Classic	19:33.4
29	Bob Firman Invit.	19:26.5

## BYU Men's Cross Country Meet Results

### BYU Autumn Classic

Sept. 5, 2009 Provo, UT

1<sup>st</sup> Place: 16 pts

1	M. Batty	19:38.3	<b>1<sup>st</sup>: BYU</b>	<b>16</b>
2	B. Hebbert	19:44.3	<b>2<sup>nd</sup>: UCLA</b>	<b>48</b>
3	R. Merriman	19:52.9	<b>3<sup>rd</sup>: Idaho St.</b>	<b>84</b>
4	R. Nelson	19:58.3	<b>4<sup>th</sup>: San Bern.Vly.Coll</b>	<b>104</b>
6	A. Bahr	20:03.3		
7	N. Ogden	20:15.5		

9	T. Gruenewald	20:16.9
13	R. Frey	20:27.5
14	J. Kotter	20:28.3
16	D. Shawhan	20:38.9
39	J. Adams	21:42.3

*Unattached:*

11	T. Fuller	20:24.2
15	J. Nelson	20:30.2
34	K. Wilcock	21:29.7
42	J. Cosby	21:47.9
43	J. Rohatinsky	21:48.7
65	N. Fletcher	23:44.9

**UC Riverside Invitational**  
Sept. 19, 2009 Riverside, Calif.  
1<sup>st</sup> Place – 23 pts

1	M. Batty	23:41.1	1 <sup>st</sup> : BYU	23
4	B. Hebbert	24:00.8	2 <sup>nd</sup> : UC Riverside	73
5.	N. Ogden	24:05.2	3 <sup>rd</sup> : Southern Utah	131
6	R. Merriman	24:11.6	4 <sup>th</sup> : Loyola Marymt.	156
7	A. Bahr	24:15.8	5 <sup>th</sup> : Cal Poly Pomona	177
11	J. Kotter	24:23.7	6 <sup>th</sup> : CS Fullerton	218
13	R. Nelson	24:26.7	7 <sup>th</sup> : Claremont MUDD	231
14	T. Gruenewald	24:32.2	8 <sup>th</sup> : CS San Marcos	278
18	D. Shawhan	24:46.2	9 <sup>th</sup> : San Jose St.	296
22	T. Fuller	24:52.2	10 <sup>th</sup> : Pomona Pitzer	348
23	J. Nelson	24:54.4	11 <sup>th</sup> : Fort Lewis	379
26	R. Harrison	24:59.5	12 <sup>th</sup> : UC Santa Barbara	380
35	R. Frey	25:15.0	13 <sup>th</sup> : Vanguard	387
142	B. Babiracki	26:50.5	14 <sup>th</sup> : Riverside CC	407

**Bill Dellinger Invitational**  
Oct. 2, 2009 Eugene, Ore.  
2<sup>nd</sup> Place – 63 pts

3	M. Batty	23:39.6	1 <sup>st</sup> : Alabama	53
12	T. Gruenewald	23:57.0	2 <sup>nd</sup> : BYU	63
14	B. Hebbert	23:58.6	3 <sup>rd</sup> : Oregon	71
15	R. Nelson	23:59.3	4 <sup>th</sup> : Portland	73
19	A. Bahr	24:08.4	5 <sup>th</sup> : Villanova	99
24	N. Ogden	24:17.0	6 <sup>th</sup> : Cal Poly	173
27	R. Merriman	24:19.6	7 <sup>th</sup> : UTEP	196
37	T. Fuller	24:35.2	8 <sup>th</sup> : Colorado St.	207
38	J. Kotter	24:36.0	9 <sup>th</sup> : Weber St.	238
49	J. Nelson	24:49.2	10 <sup>th</sup> : San Francisco	261
52	D. Shawhan	24:57.3		
79	R. Harrison	25:55.3		

**Pre-Nationals Invitational**  
 Oct. 17, 2009 Terre Haute, Ind.  
 3<sup>rd</sup> Place – 163 pts

White Race:

12	M. Batty	24:02.8	1 <sup>st</sup> : No. 1 Stanford	47
19	T. Gruenewald	24:08.4	2 <sup>nd</sup> : No. 4 Colorado	130
29	R. Nelson	24:14.7	3 <sup>rd</sup> : No. 6 BYU	163

44	A. Bahr	24:28.2
59	R. Merriman	24:38.7
61	N. Ogden	24:39.7
76	B. Hebbert	24:52.3

<b>4<sup>th</sup>: No. 8 Portland</b>	<b>211</b>
<b>5<sup>th</sup>: No. 12 Iona</b>	<b>218</b>
<b>6<sup>th</sup>: No. 19 Ariz. State</b>	<b>232</b>
<b>7<sup>th</sup>: No. 21 New Mexico</b>	<b>278</b>
<b>8<sup>th</sup>: No. 28 Florida St.</b>	<b>288</b>

Open Race:

3	T. Fuller	24:59.7
4	J. Nelson	25:00.8
6	J. Kotter	25:14.4
19	D. Shawhan	25:52.2
38	R. Frey	26:22.4

**MWC Championships**

Oct. 31, 2009 Orem, UT

2<sup>nd</sup> Place – 34 pts

2	M. Batty	23:55.6
5	R. Nelson	24:01.6
7	N. Ogden	24:06.8
9	A. Bahr	24:16.4
11	B. Hebbert	24:25.8
12	R. Merriman	24:38.9
15	T. Gruenewald	24:47.6
16	T. Fuller	24:53.9
17	J. Nelson	24:55.5

<b>1<sup>st</sup>: No. 19 New Mexico</b>	<b>29</b>
<b>2<sup>nd</sup>: No. 7 BYU</b>	<b>34</b>
<b>3<sup>rd</sup>: Air Force</b>	<b>72</b>
<b>4<sup>th</sup>: Colorado St.</b>	<b>118</b>
<b>5<sup>th</sup>: Wyoming</b>	<b>132</b>
<b>6<sup>th</sup>: TCU</b>	<b>186</b>

**NCAA Mountain Regional**

Nov. 14, 2009 Albuquerque, NM

1<sup>st</sup> Place – 54 pts

2	M. Batty	30:03.5
9	R. Nelson	30:38.6
12	B. Hebbert	30:41.2
15	T. Gruenewald	30:49.9
16	N. Ogden	30:52.3
20	A. Bahr	31:02.8
43	R. Merriman	31:53.9

<b>1<sup>st</sup>: No. 14 BYU</b>	<b>54</b>
<b>2<sup>nd</sup>: No. 5 Colorado</b>	<b>55</b>
<b>3<sup>rd</sup>: No. 12 New Mexico</b>	<b>77</b>
<b>4<sup>th</sup>: No. 4 Northern Ariz.</b>	<b>86</b>
<b>5<sup>th</sup>: UTEP</b>	<b>158</b>
<b>6<sup>th</sup>: Air Force</b>	<b>161</b>

**Individuals:**

Miles Batty, So.:

1	BYU Autumn Classic	19:38.3
1	UC Riverside Invit.	23:41.1
3	Bill Dellinger Invit.	23:39.6
12	Pre-Nationals Invit.	24:02.8
2	MWC Championships	23:55.6
2	NCAA Mountain Regional	30:03.5

Brandon Hebbert, Sr.:

2	BYU Autumn Classic	19:44.3
4	UC Riverside Invit.	24:00.8
14	Bill Dellinger Invit.	23:58.6
76	Pre-Nationals Invit.	24:52.3
11	MWC Championships	24:25.8
12	NCAA Mountain Regional	30:41.2

Richard Nelson, Sr.:

4	BYU Autumn Classic	19:58.3
13	UC Riverside Invit.	24:26.7
15	Bill Dellinger Invit.	23:59:3
29	Pre-Nationals Invit.	24:14.7
5	MWC Championships	24:01.6
9	NCAA Mountain Regional	30:38.6

Tommy Gruenewald, So.:

9	BYU Autumn Classic	20:16.9
14	UC Riverside Invit.	24:32.2
12	Bill Dellinger Invit.	23:57.0
19	Pre-Nationals Invit.	24:08.4
15	MWC Championships	24:47.6
15	NCAA Mountain Regional	30:49.9

Alden Bahr, So.:

6	BYU Autumn Classic	20:03.3
7	UC Riverside Invit.	24:15.8
19	Bill Dellinger Invit.	24:08.4
44	Pre-Nationals Invit.	24:28.2
9	MWC Championships	24:16.4
20	NCAA Mountain Regional	31:02.8

Nate Ogden, Jr.:

7	BYU Autumn Classic	20:15.5
5	UC Riverside Invit.	24:05.2
24	Bill Dellinger Invit.	24:17.0
61	Pre-Nationals Invit.	24:39.7
7	MWC Championships	24:06.8
16	NCAA Mountain Regional	30:52.3

Ryan Merriman, Sr.:

3	BYU Autumn Classic	19:52.9
6	UC Riverside Invit.	24:11.6
27	Bill Dellinger Invit.	24:19.6
59	Pre-Nationals Invit.	24:38.7
12	MWC Championships	24:38.9
43	NCAA Mountain Regional	31:53.9

Travis Fuller, So.:

11	<i>BYU Autumn Classic</i>	20:24.2
22	UC Riverside Invit.	24:52.2
37	Bill Dellinger Invit.	24:35.2
3	Pre-Nationals Invit.- Open Race	24:59.7
16	MWC Championships	24:53.9

Jonathan Nelson, Fr.:

15	<i>BYU Autumn Classic</i>	20:30.2
23	UC Riverside Invit.	24:54.4
49	Bill Dellinger Invit.	24:49.2
4	Pre-Nationals Invit. – Open Race	25:00.8
17	MWC Championships	24:55.5

Jon Kotter, Jr.:

14	BYU Autumn Classic	20:28.3
11	UC Riverside Invit.	24:23.7
38	Bill Dellinger Invit.	24:36.0
6	Pre-Nationals Invit. – Open Race	25:14.4

Reagan Frey, Jr.:

13	BYU Autumn Classic	20:27.5
35	UC Riverside Invit.	25:15.0
38	Pre-Nationals Invit. – Open Race	26:22.4

Dylan Shawhan, RFr.:

16	BYU Autumn Classic	20:38.9
18	UC Riverside Invit.	24:46.2
52	Bill Dellinger Invit.	24:57.3
19	Pre-Nationals Invit. – Open Race	25:52.2

Ryan Harrison, Sr.:

26	UC Riverside Invit.	24:59.5
79	Bill Dellinger Invit.	25:55.3

Josh Adams, RFr.:

39	BYU Autumn Classic	21:42.3
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Karl Wilcock:

34	<i>BYU Autumn Classic</i>	21:29.7
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Jacob Cosby, RFr.:

42	<i>BYU Autumn Classic</i>	21:47.9
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Jared Rohatinsky, RFr.:

43	<i>BYU Autumn Classic</i>	21:48.7
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Nate Fletcher, RFr.:

65	<i>BYU Autumn Classic</i>	23:44.9
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Brandon Babiracki, Sr.:

142	UC Riverside Invit.	26:50.5
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