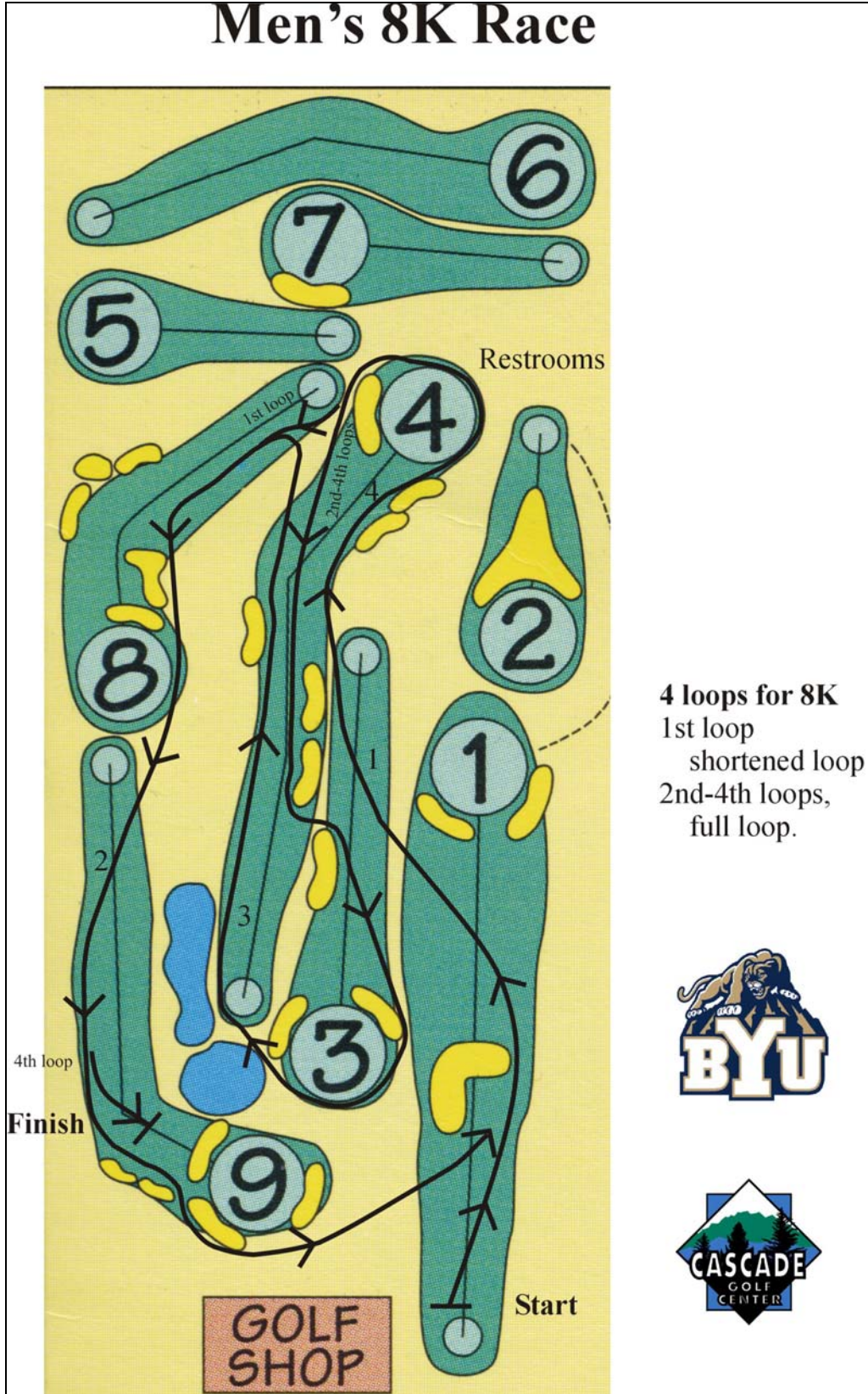


2009 MEN'S COURSE MAP

Men's 8K Race



4 loops for 8K
1st loop
shortened loop
2nd-4th loops,
full loop.



2009 WOMEN'S COURSE MAP

Women's 6K Race

