



2009 MEN'S CROSS COUNTRY BEST TIMES (AS OF 9/29/09)

6K

Name (Cl.)	School	Meet	Date	Time
Zachary Nordahl (Sr.)	AFA	UCCS Rustbuster Invite	9/4/09	19:08.65
James Walmsley (So.)	AFA	UCCS Rustbuster Invite	9/4/09	19:23.21
Justin Tyner (Jr.)	AFA	UCCS Rustbuster Invite	9/4/09	19:25.28
Jonathan Rock (So.)	AFA	UCCS Rustbuster Invite	9/4/09	19:40.21
Alex Zubey (So.)	AFA	UCCS Rustbuster Invite	9/4/09	20:05.25
Andy Schweitzer (Sr.)	AFA	UCCS Rustbuster Invite	9/4/09	20:08.67
Austin Fritzke (Sr.)	AFA	UCCS Rustbuster Invite	9/4/09	20:15.90
Tyler Small (Jr.)	AFA	UCCS Rustbuster Invite	9/4/09	20:20.62
Ryan Del Grosso (So.)	AFA	UCCS Rustbuster Invite	9/4/09	20:26.78
Mathew Cain (So.)	AFA	UCCS Rustbuster Invite	9/4/09	20:50.41
Jeremy Drenckhahn (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	20:52.52
Nick White (So.)	AFA	UCCS Rustbuster Invite	9/4/09	20:57.09
Andrew Quallio (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	21:05.07
Cory Johnson (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	21:15.00
Seth Pelletier (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	21:20.51
Zak Boston (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	21:39.83
Ted Artz (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	22:00.77
Chris Espinosa (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	22:38.19
Cameron Edwards (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	22:39.18

8K

Name (Cl.)	School	Meet	Date	Time
Miles Batty (So.)	BYU	UC Riverside Invitational	9/19/09	23:41.10
Brandon Hebbert (Sr.)	BYU	UC Riverside Invitational	9/19/09	24:00.80
Nate Ogden (Jr.)	BYU	UC Riverside Invitational	9/19/09	24:05.20
Ryan Merriman (Sr.)	BYU	UC Riverside Invitational	9/19/09	24:11.60
Alden Bahr (So.)	BYU	UC Riverside Invitational	9/19/09	24:15.80
Jon Kotter (Jr.)	BYU	UC Riverside Invitational	9/19/09	24:23.70
Richard Nelson (Sr.)	BYU	UC Riverside Invitational	9/19/09	24:26.70
Tommy Gruenewald (So.)	BYU	UC Riverside Invitational	9/19/09	24:32.20
Dylan Shawhan (Fr.)	BYU	UC Riverside Invitational	9/19/09	24:46.20
Travis Fuller (So.)	BYU	UC Riverside Invitational	9/19/09	24:52.20
Jonathan Nelson (Fr.)	BYU	UC Riverside Invitational	9/19/09	24:54.40
Justin Tyner (Jr.)	AFA	Roy Griak Invitational	9/26/09	24:57.50
Robert Harrison (Sr.)	BYU	UC Riverside Invitational	9/19/09	24:59.50
Reagan Frey (Jr.)	BYU	UC Riverside Invitational	9/19/09	25:15.00
James Walmsley (So.)	AFA	Roy Griak Invitational	9/26/09	25:33.70
Zach Nordahl (Sr.)	AFA	Roy Griak Invitational	9/26/09	25:44.50
Lee Emanuel (Sr.)	UNM	Lobo XC Invitational	9/5/09	25:48.45
Dave Bishop (Sr.)	UNM	Lobo XC Invitational	9/5/09	25:48.68
Allen Pittman (Fr.)	UNM	Lobo XC Invitational	9/5/09	25:48.87
Cory Kalm (So.)	UNM	Lobo XC Invitational	9/5/09	26:24.19
Jonathan Rock (So.)	AFA	Roy Griak Invitational	9/26/09	26:27.70
Louie Tijerina (So.)	TCU	Ken Garland Invitational	9/19/09	26:37.00
Pat Ortiz (So.)	UNM	Lobo XC Invitational	9/5/09	26:40.91

Andy Schweitzer (Sr.)	AFA	Roy Griak Invitational	9/26/09	26:46.00
Brandon Babiracki (Sr.)	BYU	UC Riverside Invitational	9/19/09	26:50.50

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Name (Cl.)	School	Meet	Date	Time
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No times to report thus far.



2009 WOMEN'S CROSS COUNTRY BEST TIMES (AS OF 9/29/09)

4K

Name (Cl.)	School	Meet	Date	Time
Ellie Rastall (So.)	CSU	Wyoming Invitational	9/4/09	14:30.30
Nicole Peters (So.)	CSU	Wyoming Invitational	9/4/09	14:59.60
Kristen Hemphill (Sr.)	CSU	Wyoming Invitational	9/4/09	15:21.20
Ally Romanko (Sr.)	AFA	UCCS Rustbuster Invite	9/4/09	15:29.02
Katie Anderson (Sr.)	AFA	UCCS Rustbuster Invite	9/4/09	15:31.74
Elyse Willard (So.)	AFA	UCCS Rustbuster Invite	9/4/09	15:33.30
Katie Lynch (Sr.)	AFA	UCCS Rustbuster Invite	9/4/09	15:35.67
Kendra Gerk (So.)	CSU	Wyoming Invitational	9/4/09	15:37.20
Aurielee Fain (So.)	AFA	UCCS Rustbuster Invite	9/4/09	15:37.39
Alysha Davis (Jr.)	WYO	Wyoming Invitational	9/4/09	15:38.10
Katherine Ward (Jr.)	AFA	UCCS Rustbuster Invite	9/4/09	15:38.59
Sarah Heuer (Fr.)	CSU	Wyoming Invitational	9/4/09	15:39.40
Jennifer Bremser (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	15:44.93
Emily Byra (Jr.)	WYO	Wyoming Invitational	9/4/09	15:45.40
Michelle Dettmann (So.)	CSU	Wyoming Invitational	9/4/09	15:49.60
Francis Gipson (Jr.)	WYO	Wyoming Invitational	9/4/09	15:56.40
Katie Carroll (So.)	AFA	UCCS Rustbuster Invite	9/4/09	16:10.34
Phaelen French (So.)	AFA	UCCS Rustbuster Invite	9/4/09	16:13.16
Meghan Prinkey (So.)	AFA	UCCS Rustbuster Invite	9/4/09	16:17.69
Morgan Mosby (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	16:20.06
Brittany Lee (Jr.)	CSU	Wyoming Invitational	9/4/09	16:20.60
Alexa Ramsier (So.)	AFA	UCCS Rustbuster Invite	9/4/09	16:20.91
Whitney Beck (Jr.)	AFA	UCCS Rustbuster Invite	9/4/09	16:27.62
Brittany Morreale (Sr.)	AFA	UCCS Rustbuster Invite	9/4/09	16:30.14
Dominique Amor (Fr.)	AFA	UCCS Rustbuster Invite	9/4/09	16:31.63

5K

Name (Cl.)	School	Meet	Date	Time
Cecily Lemmon Lew (Jr.)	BYU	UC Riverside Invitational	9/19/09	16:32.80
Ashley Gibson (Sr.)	UNM	Lobo XC Invitational	9/5/09	17:31.45
Sarah Edwards (Fr.)	BYU	UC Riverside Invitational	9/19/09	17:37.60
Michaelanne Laurent (Fr.)	BYU	UC Riverside Invitational	9/19/09	17:44.10
Ashlee Thomas (Fr.)	BYU	UC Riverside Invitational	9/19/09	17:46.50
Sarah Hansen Frey (Sr.)	BYU	UC Riverside Invitational	9/19/09	17:48.30
Lacey Oeding (So.)	UNM	Lobo XC Invitational	9/5/09	17:49.16
Katie Swanson (Fr.)	BYU	UC Riverside Invitational	9/19/09	17:50.80
Katy Andrews (So.)	BYU	Bob Firman Invitational	9/26/09	17:59.34
Laura Bowerman (Sr.)	UNM	Lobo XC Invitational	9/5/09	18:04.17
Kendra Christensen (Fr.)	BYU	UC Riverside Invitational	9/19/09	18:10.10
Lindsey Sowards (Fr.)	BYU	UC Riverside Invitational	9/19/09	18:13.40
Ruth Senior (Jr.)	UNM	Kachina Classic	9/19/09	18:17.10
Rachel Lange (So.)	BYU	Bob Firman Invitational	9/26/09	18:18.62
Lacey Cramer (So.)	BYU	Bob Firman Invitational	9/26/09	18:21.18
Nicole Peters (So.)	CSU	CSU Classic	9/18/09	18:25.20

Kathryn Vidmar (Fr.)	BYU	UC Riverside Invitational	9/19/09	18:26.90
Ellie Rastall (So.)	CSU	CSU Classic	9/18/09	18:28.90
Vanessa Ortiz (Jr.)	UNM	Lobo XC Invitational	9/5/09	18:31.38
Sarah Yingling (Fr.)	BYU	Bob Firman Invitational	9/26/09	18:32.38
Lauren Petersen (Fr.)	UNLV	UC Riverside Invitational	9/19/09	18:34.60
Polina Ermoshina (Sr.)	UNM	Lobo XC Invitational	9/5/09	18:39.33
Tricia Terry (Fr.)	TCU	Ken Garland Invitational	9/19/09	18:41.00
Shawna Winnegar (Fr.)	UNM	Lobo XC Invitational	9/5/09	18:41.42
Nicky Archer (Sr.)	UNM	Kachina Classic	9/19/09	18:43.00

6K

Name (Cl.)	School	Meet	Date	Time
Alison Romanko (Sr.)	AFA	Roy Griak Invitational	9/26/09	23:02.50
Marianne Hogan (Fr.)	SDSU	Stanford Invitational	9/26/09	23:03.00
Shannon Simpson (Jr.)	UNLV	Stanford Invitational	9/26/09	23:29.00
Katherine Ward (Jr.)	AFA	Roy Griak Invitational	9/26/09	23:29.90
Lucy Beuster (Jr.)	UNLV	Stanford Invitational	9/26/09	23:31.00
Katie Lynch (Sr.)	AFA	Roy Griak Invitational	9/26/09	23:31.70
Elyse Willard (So.)	AFA	Roy Griak Invitational	9/26/09	23:47.70
Rachel Williams (Sr.)	SDSU	Stanford Invitational	9/26/09	23:50.00
Jordan Davis (Fr.)	SDSU	Stanford Invitational	9/26/09	23:58.00
Lauren Peterson (Fr.)	UNLV	Stanford Invitational	9/26/09	23:58.00
Jennifer Bremser (Fr.)	AFA	Roy Griak Invitational	9/26/09	24:14.10
Kate Kanetzky (Fr.)	AFA	Roy Griak Invitational	9/26/09	24:16.40
Bailey Kuestermeyer (Sr.)	UNLV	Stanford Invitational	9/26/09	24:23.00
Courtney Allen (Fr.)	UNLV	Stanford Invitational	9/26/09	24:32.00
Katie Carroll (So.)	AFA	Roy Griak Invitational	9/26/09	24:37.80
Alma Escobar (Jr.)	SDSU	Fullerton Season Opener	9/5/09	24:39.00
Alison Motor (Fr.)	UNLV	Stanford Invitational	9/26/09	24:55.00
Michelle Martinez (Jr.)	SDSU	Stanford Invitational	9/26/09	24:59.00
Sara Beyers (Jr.)	SDSU	Stanford Invitational	9/26/09	25:00.00
Lexie Bravo (Fr.)	UNLV	Fullerton Season Opener	9/5/09	25:34.10
Phaelen French (So.)	AFA	Roy Griak Invitational	9/26/09	25:35.50
Amber Throop (So.)	UNLV	Fullerton Season Opener	9/5/09	26:03.50
Melissa Bunn (So.)	SDSU	Fullerton Season Opener	9/5/09	27:15.10
Amaris Williams (Fr.)	UNLV	Fullerton Season Opener	9/5/09	28:58.60
Samantha Swan (Fr.)	UNLV	Fullerton Season Opener	9/5/09	29:48.60